

1. Short emails/letters are needed. No novels or attachments or things that take time to digest. The aides and reps/senators do NOT have time read the emails if they are long and will ignore.
2. I also heard that they are not reading or responding as much to emails from people who are not their constituents. Be sure at the BEGINNING of the email say where you live. Focus primarily on who your reps are.
3. They know when you are sending out non-personalized bulk emails and they do not read them. Send out personalized ones with their names.
4. They will not read or will discount too emotional or distempered emails AND testimony. Points need to be made CALMLY and GENTLY.
5. Stick with clear parts of the bill - removal from schools/daycares, removal of religious freedoms, Oregon's exemption rates are actually low and medical exemptions are difficult are examples. Stick with the main focus of the bill or you will lose their attention.
6. Personal appointments are key. Expect about 15 minutes or less. Plan ahead of time, and keep the information simple, to the point and exact. Do not try to go over 10 different issues at once, pick one or two and focus on those. Bring easy to understand handouts with FACTS and CREDIBLE SOURCES. Bring extra copies. Do not bring in a huge amount of information, keep it simple!
7. You will NOT change their mind on vaccines. You need to change their position on the bill with reasonable reasons to object this bill.
8. Be calm. Thank them for their time.

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